

Pop-Up Storytelling for Remote Workers is an employee engagement program designed to:

- show employees they are valued and connected, especially as they work remotely
- enhance interactions among employees when physically apart
- inspire diversity and inclusion from all employees

What is Pop-Up Storytelling for Remote Workers?

A *Pop-Up* facilitator assists leaders and their employees with developing a personal statement ("story") based on a one-line prompt. *Pop-Up Storytelling* prompts are adapted to a group's culture. Story prompts are created for recurring meetings.

- Employees complete a sentence, such as:
 "My co-workers would be surprised to know that I
- Sample response: "...have award-winning roses in my garden. New flowers arrived earlier than expected this year."
- A conversation may follow that reveals others also enjoy gardening. Personal stories can help relieve stress associated with social distancing.



Why is storytelling an engagement method?

Organizational storytelling is a disarming way to engage staff members. Structured storytelling serves to improve group cohesiveness as individuals learn they have more in common with each other than just work similarities. Pop-Up Storytelling is based on the theory of group cohesiveness proposed by social psychologist Leon Festinger (1950).¹ Researchers applied the theory in "Building Group Cohesion in the Workplace," citing: "A cohesive work environment increases the likelihood of employee satisfaction and serves as an incentive for employees to arrive prepared and willing to conquer the tasks of the day."²

Cheryl Farrell Communications

Cheryl has more than 30 years' experience in corporate communications, human resources, and consulting. Since 2012, she has delivered stories that bring insight to the human condition. Storytelling venues include KPCC Unheard LA (NPR), The Moth, and The Story Salon. Cheryl has a master's degree in Communication Management from USC and a bachelor's degree in Economics from UCLA. To learn more, email <u>cheryl@cherylfarrell-communications.com</u>

Engagement matters ... your story matters.

¹Festinger, L.; Schachter, S.; Back, K. (1950). "*The spatial ecology of group formation*". In "*Social Pressure in Informal Groups*" Chapter 4. ² Alexander, S. Alvarez, A; Butterfield, L.: Ridgeway, D (2009). "*Building Group Cohesion in the Workplace*" www.cpancf.com